

# MyBenefits

## Learn More About Your MetLife Benefits

The MyBenefits web site is a quick and easy way for you to get extensive information about your MetLife benefits – all in one place. Log on to [www.metlife.com/mybenefits](http://www.metlife.com/mybenefits) to see how we've taken personalization and integration to a new level. With a view to providing you with more insight to your benefits plan and enabling you to easily access your benefits information online, MyBenefits is a dynamic tool that will prove invaluable when making important benefits decisions.

The screenshot shows the MyBenefits website interface. At the top, it says 'MetLife' and 'Tom Smith, Acme Corporation'. Below that, there's a navigation bar with 'Home' and 'See All Benefits'. The main content area is titled 'Welcome to MyBenefits' and includes an 'Alerts' section with a message about saving paper and money by opting for electronic statements. There's also a 'Dental Benefits (PDP)' section with a list of actions: 'View your plan information', 'Check the status of a claim or pretreatment estimation', and 'Update your dental claim preference: paper or online EOB'. A 'Recent Claims' table is displayed below, with columns for Patient Name, Date of Service, Dentist, Total Charges, Patient Responsibility, and Status. The table contains four rows of data. At the bottom, there's a search bar for finding a dentist by zip code and a footer with copyright information.

Patient Name	Date of Service	Dentist	Total Charges	Patient Responsibility	Status
Tom Smith	03/14/2010	Dr. Bruce Smith			Received
Laura Smith	02/20/2010	Dr. Bruce Smith	\$90.00	\$0.00	Processed >
Danny Smith	03/15/2010	Dr. Bruce Smith	\$115.00	\$25.00	Pretreatment >
Karen Smith	03/04/2010	Dr. Bruce Smith	\$110.00	\$20.00	Processed >

From the homepage, you have access to personalized information, where you can link to detailed coverage information and can perform tasks, such as:

- **Dental PDP Plans** – View your benefits and claims online, find a participating dentist, obtain information about how to help prevent tooth decay and periodontal disease, and learn more about dental procedures in your area to help make an informed decision about your dental care.
- **Dental ID cards** are available online for you to download and print one at your convenience. Cards contain your name, employer's name, and group number. Also included are MetLife's claims submission address, website address, customer service telephone number and a service number for International Dental Travel Assistance.

### Additional MyBenefits features include:

- Planning tools that you can use to help you make informed decisions regarding your retirement, benefits coverage as well as other useful information for a variety of everyday topics in the Life Advice and Life Event sections.
- Forms and documents that you may need are located in the forms library for you to download.
- News & Updates allows both MetLife and your employer to communicate timely information such as enrollment dates and new product offerings
- Online claims tracking and e-mail notifications called eAlerts, which will provide information regarding status changes to your claims for certain benefits.

Visit MyBenefits at [www.metlife.com/mybenefits](http://www.metlife.com/mybenefits) today to take advantage of all the information and tools MyBenefits has to offer you. Learn more about your benefits — so you can get more out of them!\*

\*Like most group benefit programs, benefit programs offered by MetLife contain certain exclusions, exceptions, waiting periods, reductions, limitation and terms for keeping them in force. Ask your MetLife group representative for complete details.